



SWIMMING SPORT INFORMATION GUIDE

1. COMPETITION SCHEDULE

Competition schedule and times are provisional. The schedule could be subject to change according to the requirements of the Organizing Committee.

The Swimming competition schedule is as follows:

| 28/7 - Sun | 29/7 - Mon | 30/7 - Tue | 1/8 - Thu | 2/8 - Fri | 3/8 - Sat |
|---------------|---------------|---------------|---------------|---------------|---------------|
| 09h00 – 22h00 | 09h00 – 22h00 | 09h00 – 22h00 | 09h00 – 22h00 | 09h00 – 22h00 | 09h00 – 22h00 |

| Swimming | 28/7 Sunday | 29/7 Monday | 30/7 Tuesday |
|------------------|--|---|--|
| Morning | 50 mt Freestyle W/M 800 mt Freestyle W/M 200 mt Backstroke W | 100 mt Backstroke W/M 200 mt Breaststroke W/M 50 mt Butterfly W/M | 400 mt Freestyle W/M 200 mt Butterfly W/M 50 mt Backstroke W/M |
| Afternoon | 200 mt Backstroke M 100 mt Breaststroke W/M 100 mt Butterfly W/M | 200 mt Freestyle W/M 4X50 mt Relay W/M 4x50 mt Freestyle Mixed | 50 mt Breaststroke W/M 200 mt Medley W/M 100 mt Freestyle W/M |
| Water Polo | 1/8 Thursday | 2/8 Friday | 3/8 Saturday |
| Morning | Water Polo Round's Games | Water Polo Round's Games | Rest |
| Afternoon | Water Polo Round's Games | Water Polo Round's Games | Water Polo Finals |

2. COMPETITION VENUES

| Venue | Address | City |
|--------------------|-----------------------------|--------|
| Palazzo del Nuoto | Via Filadelfia, 89 | Torino |
| Stadio Monumentale | Corso Galileo Ferraris, 294 | Torino |

3. ORGANIZING COMMITTEE

| EMG TORINO 2019 ORGANIZING COMMITTEE | SPORT FEDERATION | SPORT ASSOCIATIONS |
|--|--|--------------------|
| Program Management Bernardino Chiavola | Federazione Italiana Nuoto CR FIN Luca Albonico Federazione Italiana Nuoto Paralimpico (FINP) Gianluca Cacciamano | To be defined |

4. SPORT REGULATIONS

Competitions will be conducted under the auspices, rules and regulations of the Fédération Internationale de Natation (FINA) and or as specified in the Sport Guide. The competition will be also conforming to any special requirements of the International Masters Games Association (IMGA). Water Polo Tournament will follow the regulations of "Federazione Italiana Nuoto" (FIN).

4.1 Type of Swimming competition

Men: Individual, Relays, Water Polo

Women: Individual, Relays, Water Polo

4.2 Swimming Age Categories

- **Men:** 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+
- **Women:** 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+

Age is determined at 31 December 2019.

4.3 Water Polo Age Categories

- **Men:** 40+, 50+
- **Women:** 30+

Age is determined at 31 December 2019.

- Individual: The swimmers will compete in the specific own age categories.
- Relays: The age category is divided by bands obtained by summing up the age of the 4 members at 31 December 2019.
Men / Women: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359 and then in 40 year increments.
- The mixed relay teams must consist of the same number of men and women.
The Organizing Committee in the case of insufficient entries, reserves the right to combine age categories, provided the awarding of medals is not affected. Teams will be awarded medals in the original age category they entered.
- Water Polo: the age of the youngest player will determine the age category of the team.

5. COMPETITION FORMAT

- Competition will take place in the series.
- The Organizing Committee reserves the right to make any changes based on the number of entries and organization of the event.
- Water Polo teams will be divided in two round-robin groups of 4 teams and afterwards will play semifinals and final. Each team will play 5 games divided into 3 group's games, 1 semifinal and 1 final.

6. COMPETITION RULES

Each swimmer may compete in only one category.

6.1 Competition Categories

Individual Events

| | |
|--------------|---------------------------------|
| Freestyle | 50m – 100m – 200m - 400m – 800m |
| Butterfly | 50m – 100m – 200m |
| Backstroke | 50m – 100m – 200m |
| Breaststroke | 50m – 100m – 200m |
| Medley | 200m |

Relay

| | |
|-----------------|---------|
| Freestyle Mixed | 4x50m |
| Relay W/M | 4X50 mt |

6.2 Rankings

General rankings will be established on the basis of each athlete's time for each event.

No Records will be registered during this event.

6.3 Timekeeping

Timekeeping will be carried out by electronic timekeeping plates.

7. EQUIPMENT

The swimsuits must meet the standards specified by the International Swimming Federation (FINA). Any physiotherapy patches (Tape) must meet the standards specified by the International Swimming Federation (FINA).

All athletes are responsible for safekeeping and storage of the equipment and personal belongings: The Organizing Committee is not responsible for any shortages and / or theft.

7.1 Uniforms

There are no uniforms for this sport, please remember that during the prize-awarding ceremony of the athletes should be dressed accordingly (tracksuits, t-shirts and shorts).

8. MEDALS

In European Master Games, the athletes do not represent their country of origin, therefore the medal awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played.

The medals will be provided by the Organizing Committee and will be awarded to first three athletes / teams in each competition.

Athletes who participate in the awards ceremonies must wear shirt, shorts or tracksuit and slippers.

9. TECHNICAL MEETING

A technical meeting will take place in order to introduce the competition, remind those involved of the regulations and the behavior that is expected.

10. ADDITIONAL INFORMATION

10.1 Practice and warm-up facilities

For training the Palazzo del Nuoto, located in via Philadelphia 89, Torino can be used.

Admission is allowed upon payment of the ticket.

All relevant information about practice and warm up will be provided on the website at the closing of entries.

10.2 Water Polo

Each pool will be 25 meters long.

10.3 Doping Control

During the European Masters Games Torino 2019 anti-doping controls will be carried out according to the principles and rules established by WADA (World Anti-Doping Agency).

11. PARALYMPIC ATHLETES

Paralympic Swimming competitions are open to all athletes with physical impairment (from S1 to S10) and visual impairment (from S11 to S13) in compliance with the FINP 2019 membership for Italian athletes and with membership in their National Federation for foreign athletes.

In order to determine the rankings, the score obtained in the single race will be considered, as determined by the World Para Swimming Points Scores – for Senior Long Course Events 2019.

Competitions will be conducted under the auspices, rules and regulations of the World Para Swimming (WPS) and or as specified in the Sport Guide.

11.1 Sport Classes

In this sport the following classes of athletes for the categories WPS S1, S2, S3, S4, S5, S6, S7, S8, S9, S10, S11, S12, S13 are admitted to the competition.

The international classification and license are not required but the athlete must have competed in official competitions in his own country and must present a document certifying his own sport class.

11.2 Competition Schedule

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The Swimming competition schedule is as follows:

| 28/7 - Sun | 29/7 - Mon | 30/7 - Tue |
|---------------|---------------|---------------|
| 09h00 – 22h00 | 09h00 – 22h00 | 09h00 – 22h00 |

11.3 Type of Swimming competition

Men: Individual

Women: Individual

11.4 Swimming Age Categories

- **Men:** 30+,40+, 50+, 60+, 70+, 80+, 90+,100+
- **Women:** 30+, 40+, 50+, 60+, 70+, 80+, 90+, 100+

Age is determined at 31 December 2019.

11.5 Competition Categories and Sport Classes

| | |
|--------------|---|
| Freestyle | 50m from S1 to S13 100m from S1 to S13 |
| Butterfly | 50m from S1 to S13 100m from S1 to S13 |
| Backstroke | 50m from S1 to S13 100m from S1 to S13 |
| Breaststroke | 50m from SB1 to SB13 100m from SB1 to SB13 |

12. PERSONAL ACCIDENT INSURANCE AND MEDICAL CERTIFICATE

All participants have to organize their personal accident insurance. The competitor registration fee does not cover personal accident insurance.

Personal accident insurance is available to purchase through the Organizing Committee for registered Competitors at the Accreditation Centre.

All participants must have a currently valid medical certificate of fitness for competitive sports.

The medical examinations required (ex D.M. 18 February 1982) to obtain a medical certificate of fitness for competitive sports are:

- **medical check-up;**
- **regular urine test;**
- **electrocardiogram both at rest and under effort;**
- **spirometry (breathing test).**

For any further information please visit our website (Registration & Terms and Condition).

13 FURTHER INFORMATION

Planning for the EMG To 2019 Swimming competition will continue throughout 2018 and early 2019. Additional sport specific operational information will be communicated to registered participants and updated in future additions of this Sports Information Guide.

All participants are encouraged to monitor the EMG To2019website at www.torino2019emg.org and other Games communication channels to find out all of the latest information.

If you have any further sport specific questions, please send an email to info@torino2019emg.org